KIDS GUIDES



Everyone needs to prepare for hiking!

Hiking Checklist

Start here. This is what you need for sure.	
Fill up my water bottle.	
Pack a granola bar or a sandwich.	
Put sunscreen on my face, neck, arms, and legs.	
Wear my favorite hat.	
Put on socks and my hiking shoes.	Add your own special things below. The list is now all yours!
Bring my rain jacket if it's cold or rainy.	